

THE
INFORMANT
 NEWSLETTER OF THE MAINE SECTION ASCE
October 2024



From the Editor:

Happy October Maine Section!

Grab your candy bags, this month is filled with events starting with the Masonry Society Annual Meeting, Younger Member Group Disc Golf Outing, the WTS Electric Vehicle & Economy Panel, Monthly Meeting Tour of Rock Row, the MBTA Building Wellbeing Summit, and then Halloween!

There is still time to get involved with the section if you are interested in joining a committee or volunteering let us know.

We hope to see you soon!

Heather

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Maine Section ASCE - Save the Date(s)

October 2024						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16 Masonry Society Annual Meeting	17	18	19 YM Disc Golf
20	21	22 WTS EV Panel	23	24 ASCE Meeting	25	26
27	28	29 Building Wellbeing for ME	30	31 Happy Halloween!	Nov 1	Nov 2



President's Message

Hello Maine Section:

I hope your Fall is off to a great start! September started well for our section, and we hope to continue this into October. The monthly meeting at the ecomaine landfill was a very informative site walk. The planning, permitting, engineering and finally construction for a new landfill cell is quite a process! It was great to hear CMA Engineer's efforts and see the progress Sargent has completed to date.



Thomas Rioux, one of our Section's Directors, was able to represent our Section at the Region 1 Fall Assembly in Buffalo, NY on September 27th and 28th. Thomas brought back great insight about ASCE membership and growth, engagement ideas, strategic insights and organizational topics. I'm confident that he represented our section and State well!

Peter Merfeld recently attended the President's and Governor's forum at ASCE's Headquarters on September 15th and 16th. Peter provided many useful resources and documents from ASCE Region 1 and ASCE National to help our Section moving forward.

Lastly, the progression of our Report Card is still moving forward, with the individual sections currently being reviewed by ASCE National. We look forward to this progressing and being able to share the results in likely early December. We're still looking for photographs to include in the Report Card so please share if you have any worthy infrastructure photographs!

The on-going efforts of our members is certainly appreciated. We hope to see you at our upcoming tour of the Rock Row development in Westbrook on October 24th.

Enjoy what's left of this Fall season!

Nate Strout, P.E.

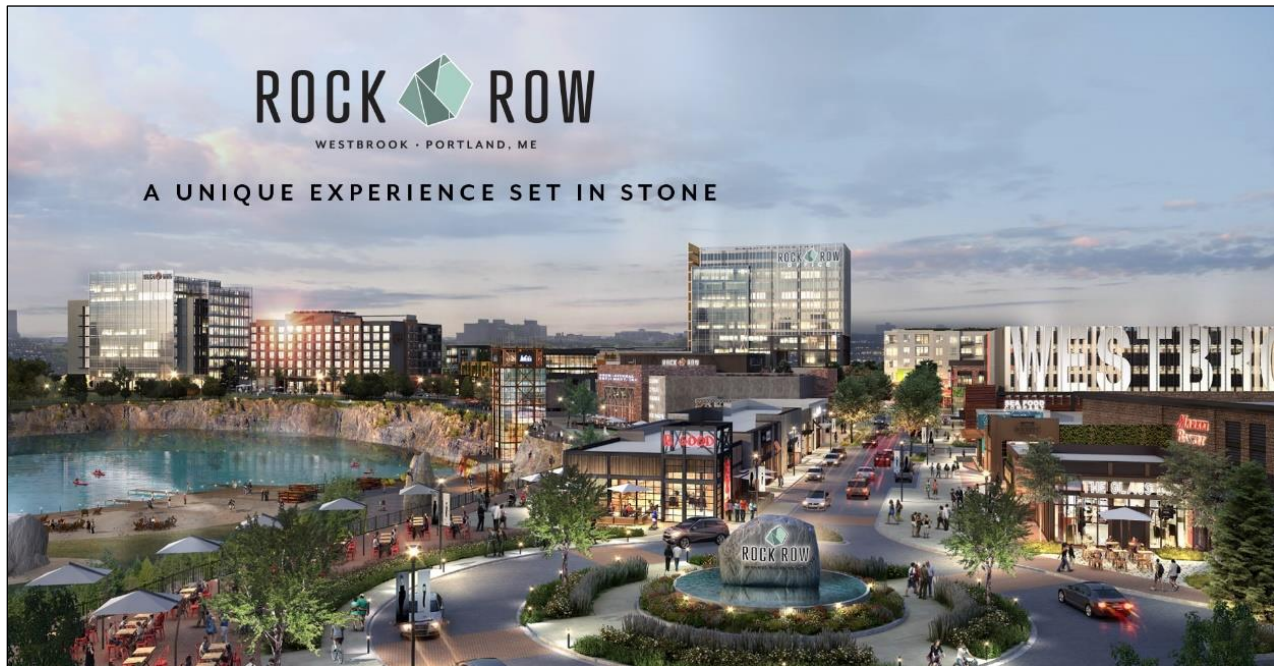
Maine Section ASCE President



Maine Section ASCE Site Tour & Happy Hour!

Earn 1 PDH!

Thursday, October 24th, 2024



Rock Row Construction Update

Presented by: Ian Mackinnon, PE (Jones & Beach Engineers) and Adam St. Michel (Shaw Brothers)

Come join ASCE as we tour the active Rock Row construction site in Westbrook. The 100-acre development will feature over 2 million square feet of commercial, residential, and hospitality space. The project will include 400,000 square feet of Class A office space, a 100,000-square-foot medical and wellness campus, and 450,000 square feet of retail, featuring a mix of 20-plus restaurants, from fast casual to gourmet dining, as well as shops, interactive experiences, and a movie theater.

Additionally, Rock Row will offer 1,000 apartments, a versatile entertainment and conference center with over 5,000 seats, and an 8,200-person concert venue. Ian Mackinnon with Jones & Beach Engineering and Adam St. Michel with Shaw Brothers will walk the group through the site and discuss the current phase that is under construction. Please bring your hard hat, safety vest, and steel toed boots. We will follow up with all registrants with an aerial showing the parking and meeting locations.

Location:

87 Rock Row, Westbrook, Maine 04092

Schedule:

3:30 – 4:30 PM **Tour of Rock Row site**

4:30 – 6:00 PM **Happy Hour – Mast Landing Brewing
(920 Main Street, Westbrook)**

Cost:

ASCE Members – \$15

Non-Members – \$20

Student/Life Members – FREE

**Please RSVP by Monday,
October 21st, 2024!**

[Register HERE](#) or contact **Ben Shaw** Email:

bshaw@gorrillpalmer.com



THE WICKED DATA MIN"AH"

#13 NORTH MAINE WOODS

3.5

million acres of commercial forest land comprised of a public private partnership to be stewards of this national treasure and resources.

Source: <https://northmainewoods.org/>

100

miles of rivers and lakes in the Allagash Wilderness Waterway.

Source: <https://northmainewoods.org/>

352

years old, the oldest tree a red spruce found in the Reserve.

Source: <https://northmainewoods.org/>

1981

year the North Maine Woods became a non-for profit organization to preserve, use and maintain the resources.

Source: <https://northmainewoods.org/>

15

percent of Maine North Woods is owned by paper companies.

Source: <https://northmainewoods.org/>



MAINE SECTION YOUNGER MEMBERS DISC GOLF



Come join your friends and colleagues this fall for an afternoon of disc golf and networking! All skill levels are welcome, and disc rentals will be provided.

Please note that the date has changed.

19 October 1:00 PM Start

At the Pineland Farms Disc Golf Course
25 Campus Drive, New Gloucester, ME 04260

Please RSVP by October 11th

E-mail Ben Smith at
benjamin.smith@tylin.com

ASCE YOUNGER MEMBERS



2024 ASCE Presidents and Governors Forum and Leader Orientation

On September 15th and 16th, over 100 Section and Branch Presidents, Region Governors, incoming Society Directors, Technical Region Leaders, Committee Members, and Presidential Officers from around the world participated in the 2024 Presidents and Governors Forum and Leader Orientation at ASCE Headquarters. This event hosted by the Leader Training Committee provided opportunities for attendees to learn about ASCE resources, network with other ASCE leaders, discuss best practices, and develop leadership skills that would benefit their ASCE groups.

The program began with a Welcome and Society Overview by President-elect Feniosky A. Peña-Mora and Executive Director Tom Smith. Following the welcome, the participants were engaged in a 2-part dynamic leadership session on “**It’s Not Where You Start, It’s Where You Finish!**” by COL Jim O’Brien, P.E., M.ASCE. Brock Barry, Ph.D., P.E., F.ASCE from West Point brought his expertise to the table with presentations on **Nonverbal Communication Skills** and **Presentation Skills – How to Wow Your Audience!** Afterwards our Section and Branch leaders shared successful programs and activities during our **Best Practices** sessions. ASCE’s General Counsel Tara Hoke capped off the day with a presentation on **Legal Issues** impacting ASCE’s local groups.

On the second day attendees participated in an interactive session with President-elect Feniosky Peña-Mora, President-elect Elect Marsha Anderson Bomar, and Executive Director Tom Smith, followed by an engaging discussion on **Proposed Changes to ASCE Membership** from Society Director, Ken Mika. The day continued with attendees discussing **Section/Branch Challenges and Brainstorming a Presidential Plan** and **Sharing Measurable Goals and Lessons Learned**. And we ended the day with closing remarks by our 2025 ASCE President-elect, Marsha Anderson Bomar.

The overall sentiment was that the program was reinvigorating, energizing, and motivational.





The Masonry Society – ANNUAL MEETING

2024 TMS Annual Meeting

October 16-19, 2024
Portland, Maine



The Masonry Society (TMS) will be holding their Annual meeting in Portland, Maine, this fall!

From October 16th to 19th, masonry experts from all over the United States and Canada will come together at the Portland Regency Hotel to work on writing new standards documents, fine-tune existing standards such as TMS 402/602, and holding educational sessions that provide continuing education units for design professionals.

Registration is now open:

<https://masonrysociety.org/2024-annual-meeting/>.

This is the first time TMS has held a meeting in Maine, and the first time in recent history that they have held a meeting in the New England area. TMS members are excited to explore the Portland area while they are here and we want them to have a good experience. This is also a great opportunity for Maine AEC professionals to engage on a national level with a code-writing organization.

We're looking for corporate sponsorships to help keep the registration cost for attendees down, because travel to/from Portland can get expensive and since the hotel rate is the highest we've had recently.

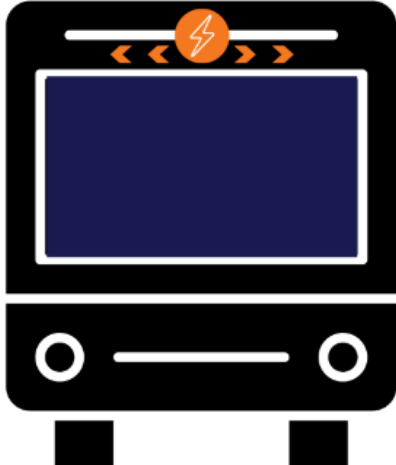
Are you interested in sponsoring the meetings?

Information on the benefits associated with each sponsorship level is available online here: <https://masonrysociety.org/product/meeting-sponsorship/>




To learn more about TMS, please visit their website at <https://masonrysociety.org/> The schedule of upcoming meetings is located here, for reference: <https://masonrysociety.org/meetings-list/>.



EVs and the Economy



- WTS Maine and NEWIEE have partnered to present this panel. Appetizers will be provided and a cash bar will be available.
- 1 PDH available
- Mast Landing Freeport
200 Lower Main Street
Freeport, ME 04032
- Tuesday, October 22nd
5:30 - 6:30 - Networking
6:30 - 7:30 - Panel Discussion

Event Info

When: Oct 22, 2024
5:30 - 7:30pm
Where: 200 Lower Main Street
Freeport, ME 04032

[REGISTER](#)

Please join us for a panel discussion about bus electrification.

Join us for an enlightening evening of discussion and networking as Women in Transportation (WTS) and New England Women in Energy and Environment (NEWIEE) co-host a pivotal panel on "EVs, Energy, and the Economy." We are thrilled to host our distinguished panelists: Hannah Pingree from the Governor's Office of Policy Innovation and the Future; Laurie Linscott, Transit Director for Bangor Community Connector; Kara Podkaminer, Senior Advisor for Sustainable Transportation and Fuels at the U.S. Department of Energy; and Sara Mills-Knapp, Director of Sustainability, Greater Portland Council of Governments.

Pricing

- WTS and NEWIEE Members: FREE
- Students: FREE
- Public Sector: FREE
- Non-members: \$30

If you have any questions about registration, please email Ania Chandler at achandler@bartonandloguidice.com.




**Building
Wellbeing
for ME**

OCTOBER 29, 2024
SNOW POND CENTER FOR THE ARTS

[Register Today!](#)

Mental health concerns have become increasingly prevalent among front line workers in construction and general industry. The high-stress environments, physical demands, travel away from family, and often challenging working conditions have contributed to a rise in suicide and opioid related deaths. To address these critical issues, we are proud to present the Building Wellbeing for ME summit, a one-day event dedicated to the wellbeing and mental health of workers.

Target Audience:

While the primary focus is on front line supervisors, organizational leaders, and others in construction, transportation, and general industry, the summit is open to everyone who has an interest in promoting mental health and wellbeing within their organization.

Purpose and Goals:

The goal of Building Wellbeing for ME is to provide attendees with the knowledge and understanding needed to address mental health challenges effectively. Through a series of engaging sessions and discussions led by experts in the field, participants will gain valuable insights into recognizing and managing mental health issues. The summit aims to empower attendees to:

1. Understand the prevalence and impact of mental health issues in the workplace.
2. Learn practical strategies to support mental wellbeing among colleagues and employees.
3. Develop skills to foster open and supportive discussions about mental health.
4. Create a culture of wellbeing and resilience within their organizations.

Key Highlights:

- **Expert-Led Sessions:** Gain insights from leading mental health professionals, industry experts, and experienced frontline workers who will share their knowledge and personal experiences.
- **Panel Discussions:** Engage in thought-provoking discussions with a diverse panel of experts and peers, exploring various aspects of mental health in the workplace.
- **Networking Opportunities:** Connect with fellow attendees, share experiences, and build a supportive community committed to improving worker wellbeing.

Join us at Building Wellbeing for ME and be a part of the movement to prioritize mental health in the workplace. Leave the summit feeling confident and equipped to drive meaningful discussions and positive change within your organization.

Together, let's build a healthier and more supportive work environment for all.



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Installation of low density cellular concrete in a state building courtyard in Connecticut.



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Business Cards

Do you run your own consulting firm, or have a business that the Maine engineering community should know about? Advertise with a business card! Business card listings run for 1 year, including 9 issues of the Informant and full time on the website. Cost: \$150.00 Discounts Available: Purchase a 1-year Business Card ad and receive a \$25 discount on a Job advertisement!

Advertise for new employees at any level – students, EITs, and PEs will all see your ad.

Job Listings

Job advertisements are posted in one issue of the Informant and on our Facebook page.

- Cost:
- Quarter Page (3.75"x5") - \$35
 - Half Page (7.5"x5") - \$75 for 1 month
- \$500 for 1 year (9 issues)
 - Full Page (7.5"x10") - \$150 for 1 month
- \$1000 for 1 year (9 issues)

The deadline for submissions is the 20th of each month prior to publication.